

Moving on from High School without Moving on from Your Faith

Description: This Power Track looks at 5 key truths every person graduating high school need to remember and make part of their life. These truths will keep your faith growing and moving forward after youth group is over for you. This is real-life talk for young adults pursuing Jesus.

Prompt: The move from high school to life as a young adult is filled with transitions. John will begin with a brainstorm on the various transitions students make from these life phases. Have your students begin by coming up with their own list of major transitions into young adulthood.

Play: Video of John Rauch, “Moving On from High School” buildmomentum.org/resources

Process: Select from the following questions to help students remember, rekindle and reengage.

- ⏪ Teenagers constitute the most religiously active segment in society in the American church; twenty-somethings take up the least active segment. **How do you explain the drop-off?**
- ⏪ John talks about home being a God-given “natural safety net” for teenagers before they move on. **How have your home life and youth group experience provided this net?**
- ⏪ Building an “intentional safety net” after high school is our personal responsibility. John also calls these guardrails. **How does the idea of “guardrails” feel for your upcoming freedom?**
- ⏪ **What are the five elements John outlines for an “intentional safety net”?**
- ⏪ “Service is a regular reminder that life is not about me,” John teaches. **Where are you currently serving in your church? How do you envision yourself serving five years from now?**
- ⏪ Close friendships and accountability don’t naturally happen. **How do you develop these?**
- ⏪ “If I’m the smartest or most spiritually fit person in the room, I’m in the wrong room,” John says. **What does he mean by this? What makes this difficult to live out?**
- ⏪ John suggests connecting to God as many days as you can through 5-5-5. **What is this? Why is it important? And what are some other suggested helps to make this 5-5-5 time strong?**
- ⏪ **Who are 3 spiritual friends you expect to stay in contact with after high school?**
- ⏪ “Connect to a God-inspired cause in our broken world,” John implores. **What is a cause in our broken world that makes you “pound the table”? What are you doing about it?**

Pray: Remind students of the tragic drop-off in faith between their teenage years and twenties. Rather than breaking them into groups or praying aloud, pray over them as a youth leader. Ask God to bless and keep them. Ask God to embolden and make them useful. [Read](#) Ephesians 3:20-21 to close.