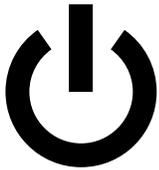


**Title:** That's What She Said...No... Really!

**Speaker:** Tyler & Bree Kramer

**Key Verses:** Psalm 119:9; Ephesians 6:10-19; 1 Peter 5:8-9

**Summary:** A healthy pursuit of God prepares us for pure marriage relationships.



**Power Up:** Take a moment to prepare

Tyler and Bree dismantle our culture's portrait of masculinity (e.g. beards). What are some of misunderstandings of masculinity that you've believed?



**Replay:** Take some time to watch

Note how Tyler and Bree's talk unpacks three actions from 1 Cor. 16:13-14: **1)** Godly men are watchful; **2)** Godly men stand firm; **3)** Godly men do everything with love. Bree provides a female perspective for each point.



**Comment:** Take some time to talk

Tyler opens by asking his audience to consider, "What are you pursuing?" **What are typical male pursuits? What does a godly man pursue?**

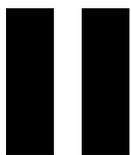
**Read 1 Peter 5:8-9.** *What does this tell us about the devil? What else do we know about him? How do you deliberately guard against him?*

**Read Ephesians 6:10-19.** *According to Tyler, what does the armor show my enemy? Me? How do you regularly apply God's armor?*

Tyler laments, "One of the greatest men-killers in our culture is passivity." **What examples of this do you see? What fuels it? How do you fight it?**

Bree warns that if you don't stand firm in purity NOW, you won't stay pure in marriage. **What can you do NOW to prepare for purity in marriage?**

Bree teaches, "Sex doesn't equal love." **Why do we confuse the two?**



**Pause:** Take a moment to pray

Thank God for the gift of intimate relationships, especially the covenant of marriage. Ask Him for clear boundaries, strong accountability, and resolve for sexual purity. Ask Him to guard our hearts from the evil one.



**Take Action:** Take a step forward

Armor Up! Use each morning as a chance to put on God's armor. Whether you are single, dating, married, or recently dumped, recognize the power of God's Word in keeping your heart pure. Take five minutes to pray on God's armor before you start your work for the day.

## Bonus Features | Additional Notes and Quotes from Tyler and Bree Kramer

**Power Track Summary:** Have you ever wondered what girls think about guys? This is the session for you. Hear about what Godly women are looking for and how to live out being a Godly man. Listen to Tyler and Bree talk about what it means to be that man and have the opportunity to ask tough and honest questions. This will be different than other “guys only” sessions you have been a part of because you will be able to hear from both the male and female perspective.

**About the Speakers:** Tyler and Bree have been married for six years; they have one child. He leads Student Ministries at Marysville Grace and coaches baseball. She is a counselor.

“Purity is not all about sex or sexual purity. The word purity means freedom from contamination. Sin is contamination... There’s contamination in all of us.”

### Unpacking 1 Corinthians 16:13-14

#### ***Be watchful***

We need a watchful attitude, not a “meh” attitude.

“We always talk about God pursuing your heart. So is Satan. He wants you.”

**Bree:** A godly girl is going to look for someone who is on guard for their relationship; sets boundaries and sticks to them. He has accountability partners.

#### ***Stand firm***

We need to know our boundaries based on God’s Word. Do we push them?

“You’re not fighting in your own power. You’re fighting in God’s power. When [you] put on the armor of God, the enemy sees God coming.”

Isaiah 50:7

Passivity is killing men in our culture... so many times we sit behind a screen; it’s more comfortable, easy, safe. Being a godly man doesn’t come with being passive.

**Bree:** A girl doesn’t want a guy she can walk over. That is a wimp, not a man...She’s looking for someone who cares more about her godliness than her happiness.

#### ***Do all things with love***

Jesus modeled love perfectly in creation, incarnation, crucifixion, and currently.

**Bree:** “If you love someone, you want what’s best for them. Having sex with someone outside of marriage is not loving. It draws them away from God. Sex is an act of selfishness outside of marriage. ‘If I have sex with him, I can keep him,’ the woman thinks.”

**Tyler:** Look at the [sexual] patterns you’ve developed in the past. Respect the power of the patterns to lure you [back] into sexual problems.