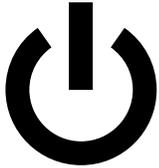


Title: Don't Knock It 'Til You Try It!

Speaker: Todd Shoemaker

Key Verses: Matthew 4:18-22; Acts 9:1-19; Philippians 3:4-11; James 4:7-8

Summary: God shatters our false self-images, so we can reflect Christ's image.



Power Up: Take a moment to prepare

Todd mentions the horrors of losing one's phone. He likens it to losing part of oneself. Describe how you felt the last time you lost your phone.



Replay: Take some time to watch

Note the flow of Todd's talk: **1)** Sex and technology have good origins; **2)** Sex and technology have been corrupted; **3)** We create false images of self that God wants to shatter and replace with the image of Jesus



Comment: Take some time to talk

In what ways has technology intensified sexual pressures for teens? How has technology helped you make healthy connections?

Todd describes how we daily look into the mirror to form a false self-image.

What false self-image have you fashioned? What drives this?

Read Philippians 3:4-11. *How did Paul view himself before following Jesus? How did God shatter his image? What was Paul's new image?*

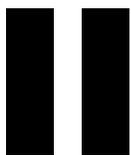
Read Galatians 5:19-23. *Which fruit of the Spirit is most evident in your life? Which fruit of the Spirit are lacking?*

Consider Todd's three actions steps to being renewed in Christ's image.

How do you practically draw near to God?

What are specific ways to protect your heart?

How do prayer and confession build your resolve for purity?



Pause: Take a moment to pray

Thank God for the goodness of His original design for relationship. Ask Him to shatter your false self-images, replacing them with the image of Christ. Ask Him to draw near and protect you in your resolve for purity.



Take Action: Take a step forward

Take a technology break. Consider fasting from your phone for a full day (or more). Let your friends and family members know, so they don't panic when you don't respond to their messages. Use the opportunity to draw near to God. Every time you reach for your missing phone, say "Lord, I need You."

Bonus Features | Additional Notes and Quotes from Todd Shoemaker

Power Track Summary: We live in a day where sex and technology drive our culture. Both have become major influencers in our lives and sometimes find their way intertwined. Though both were designed to be enjoyed... God's design of sex and the original purpose of technology go against our now cultural norm.

About the Speaker: pastor of student ministries at Grace Church (Bath Campus), 19-year Momentum veteran, husband, and father.

Lessons from Genesis 1-2

- A) It's not good to be alone. It's important we're in community with one another.
- B) "It is God's design for sex to be good." [See Genesis 2:18-24]

"Technology has too much of an influence on us. I think it is a driving factor too often in who we are."

"We have corrupted the original purposes of sex. We have corrupted the original purposes of technology... All of [technology is] being created so we can be connected."

"Sex is awesome. Excuse me: Technology is awesome."

"Every day we look into a mirror. Every day we're looking at the image we're trying to create... We're developing an image of success, popularity... attractiveness... For some of us it requires us to wear a mask."

Two Biblical Examples of Shattered Images

- Paul (see Acts 9:1-19 and Philippians 3:4-11)
- Peter (see Matthew 4:18-22)

Isaiah 50:7

The moment you choose to walk with Jesus is the moment God shatters your image and you find a new identity in Christ. "Instead of putting on *my* image to reflect *myself* to others, I should put on the character of Christ [see Galatians 5:22-23] to reflect him to others."

Three Action Steps to Being Renewed in Christ's Image

1. **Draw near to God** (James 4:7-8) and tell Satan to flee.
2. **Work to protect your hearts** (Eph. 6:10-19; Prov. 4:23). Talk to someone.

"When you fill your heart with the truth of the word, your mind/heart will become more pure."

3. **Resolve to a lifestyle of purity** (2 Tim. 2:22). Say and pray, "Lord, I need you."