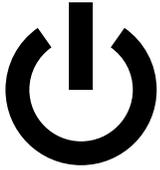


**Speaker:** Daryl Cyrus

**Title:** Fear – Productive or Destructive?

**Key Verses:** Prov. 1:7; Eccl. 12:13–14; Matt. 10:35–41; Mark 4:37–41; Ezek. 2:1–10

**Summary:** When we fear God first and foremost, the good life follows.



**Power Up:** Take a moment to prepare

Daryl shows images of common fears people have (e.g., heights, bugs). Describe some of your greatest fears and what makes them so awful.



**Replay:** Take some time to watch

Note the flow of Daryl's talk: **1)** common fears; **2)** defining Fear of the Lord; **3)** defining fear of man; **4)** obedience and a bigger view of God.



**Comment:** Take some time to talk

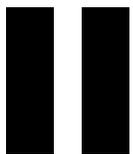
**Read Exodus 20:18–21.** How do you define “fear of God”? What is its purpose? How is “fear of God” different from being “afraid” of God?

*What happened to Solomon to move him from wise young ruler to old cynic? What's advice you've given to others but ignored yourself?*

Daryl teaches, “Whatever you fear has the greatest control of your life.”  
*What controls you? What are the five versions of the fear of man? Which of these has the greatest control over you?*

*What will help you grow a bigger view of God? What aspects of His character do we tend to overlook? Why?*

*What does Ezekiel's call to ministry (2:1–10) teach us about serving God? Where have you prioritized outcomes over obedience?*



**Pause:** Take a moment to pray

Thank God for His awesome works and character. Thank Him for calling us to Him and controlling the outcomes in our lives. Ask Him for wisdom to transfer our fears to Him. Ask Him for courage to work out our salvation.



**Take Action:** Take a step forward

List your top ten fears. Compare these to Welch's list of five varieties of the “fear of man.” Then, prayerfully, ask God how you might transfer each of those fears into a step of obedience.

## Bonus Features | Additional Notes and Quotes from Daryl Cyrus

**Power Track Summary:** The command that is most repeated in the Bible is do not be afraid. It seems that God knows that we have hearts that bend towards fear. Often the reason we do not live out what God has for us is due to fear. A funny thing, however, is that though the Bible says do not be afraid, it also says we should fear God. How do we make sense of the idea that we are not to be afraid but at the same time fear God? This Power Track works through the Bible to discover what place fear should have in our lives.

**About the Speaker:** Daryl Cyrus is a youth pastor from Martinsburg, PA who overcame his fear to deliver a powerful Power Track about transferring our fears to God.

**Defining Fear of God:** Being in awe of who God is and having a proper view of who He is.

“Fear of God does not talk about paralyzing fear... Have a fear that is centered. Have a fear that is focused. Be in awe of who God is.”

- C.S. Lewis captures fear of God in the image of Aslan: *He is good but not safe.*

**Mark 4:35-41** is often misapplied, teaching that “Jesus will calm the storms of your life.” A better application is that Jesus transfers our fears from the storm to our Savior.

“Fear itself cannot be destroyed but it can be transferred.”

“If you don’t transfer your fear to God... anxiety weighs us down” (see **Prov. 12:25**).

Fear of man often replaces fear of God. Instead of biblically guided fear of the Lord, we fear others (Edward Welch, *When People Are Big and God is Small*)

### Five Varieties of Fear of Man:

- 1) Fear to be known;
- 2) Fear of rejection;
- 3) Fear of the future;
- 4) Fear of physical pain;
- 5) Fear of the unknown (Edward Welch)

“The reason we don’t share the gospel is because we have the fear of rejection... We need to realize we are never in charge of the results, but only our level of obedience.”

“Whatever you fear controls your life. When you fear God he has the greatest say in your life.”

“When we don’t have a big view of God, we’ll have a big view of people, we’ll have big view of situations, and live an incredibly small life for God.”

### Getting a Bigger View of God

- 1) Get over outcomes
- 2) Walk in obedience