

Week 1: Time

<u>Discussion Overview</u>: Everything we have comes from God. He is the owner and creator, and we are simply the managers. One of the most valuable things God has given us is time. The fact that we even exist on the earth is a miracle of God. He is the One that knows how many days and hours we have left on the earth, and something awesome about God is that He never wastes blessings. Time is a blessing from God and the first thing we should do as managers of God's time is to ask what He wants us to do with that time. Not only that, but a good manager prioritizes and makes systems to be the most efficient as possible so that no time is wasted, but the tricky part in this case is figuring out God's priorities and then readjusting our lives to reflect His priorities over ours.

Kev Scripture ESV: Ephesians 5:15-17, Psalm 90:12, 2 Cor. 4:18, James 4:13-17, Matthew 28:19-20

Getting Started

- Make a list of the things that take up the majority of your time in a 24-hour window. Discuss.
 - Ex: school, sleep, eating, social media, sports, Netflix etc.
- Now number your list based on priority. 1 being the most important. Discuss what's at the top and what's at the bottom.
- Managing time is school that will not only help you be a successful student and adult but will deepen your relationship with God if that is something you prioritize.
- Before we dig into the Bible, take a few minutes, and ask God to help you understand how He wants you
 to use His time.

Digging Deeper

- Read Matthew 28:19-20. Known as the Great Commission, what do these verses tell us to spend our time doing?
- Read Ephesians 5:15-17. The Great Commission is a large goal, but on a practical day to day level how are we to manage our time?
 - With wisdom and pursuit of God's will.
- Read James 4:13-17. With the little time you have here on the earth ... how are you going to use your time to live out Jesus' command for us to make the gospel make sense to people?
- What might you need to add or take away from your schedule in order to prioritize God's will over your own?
- What practical step do you need to take to make this a reality in your life?

Pro Tip: Give students some resources to help with time management. For example, using a calendar, the full focus planner, setting a timer for themselves, putting restrictions on their phone, and maybe offer to help them with their calendar if they are really struggling to prioritize the right things.