



Week 1 OVERVIEW: Distraction v. Discipline

Series Summary: It is no surprise that when we are asked “Hey how are you doing?” the majority of our responses sound like this, “I’m pretty good. Just got a lot going on, I’m so busy all the time.” We live in a fast pace and distracted culture and a lot of the time, the things distracting us are good. We get distracted by family, friends, school, church, sports, etc. and we fill all the spaces in between scrolling through social media on our phones. Our lives get so full that we don’t have any time or attention left over to give to the one person that matters the most: Jesus.

Main Idea: Jesus calls us to live a life set apart from the world and honoring to Him. Much of our lives are filled with distractions that can take our focus off Him. We want to recognize the distractions in our lives and discover from the Bible where God wants our attention.

Key Scripture: Romans 12:2, Matthew 6:21, Philippians 2:14-15, Ephesians 4:29-32, Galatians 5 :22-23.

DISCUSSION

Getting Started

- When you think about a normal school day ... what are the things you give the most attention to? How about the weekend?
- Since a relationship with Jesus requires our attention, when do you give your attention to Him?
- Why is so hard to keep our attention on Jesus?
- Read Matthew 22:34-40, what are the two things that God expects most of us?

Digging Deeper

- When you think about having a relationship with Jesus ... what does He expect from us?
- How are you doing at giving Him what He expects?
- What is preventing us from meeting those expectations?
- What are the biggest distractions that keep you from growing in your relationship with Jesus?

“What is your plan to be distracted by Jesus today?” – Bob Goff