

## Week 4: Personality

**Discussion Overview**: Over the past few weeks we have been talking about how God has uniquely designed you for a specific purpose. One of the ways God has uniquely created you is that He has given you a specific personality. No one else has the same personality as you, but there are some commonalities amongst personalities that are helpful to understand because they help us love and interact with people who have different personalities than we do. As Jesus followers, we are called to love others and to be unified as a body of Christ and learning about these personalities can help us towards that goal.

## Getting Started \*choose one or two that you as the leader prefer

- Take the 16 Personalities test here: <u>https://www.16personalities.com</u>
- Take the enneagram personality test here: <u>https://www.truity.com/test/enneagram-personality-test</u>
- Take the disc personality test here: <u>https://www.truity.com/test/disc-personality-test</u>
- Strength finders' test/book.

## **Digging Deeper**

- Discuss the results of your personality tests.
- Your uniqueness gives the church every facet it needs! The church needs every type of person to reach every type of person.
- How might your specific personality be used by God to reach others?
- What are the strengths and weaknesses of your personality?
- We serve the Lord the best when we press into our strengths and support our weaknesses.
- What do you need to do in our order to live in your strengths?
- Are you trying to be something different than what you are? If so, what's a step you can take to press more into the natural strengths of your personality?
- What's a step you can take to support your weaknesses?
- How does understanding different personalities help us to love people better?
- How does understanding your personality help you understand who God has created you to be?