



A Godly Mindset

We've dealt with joy in an abstract sorta way
Some of us want to know what to do

<https://www.youtube.com/watch?v=-4EDhdAHrOg>
-relationships

Philippians 4:4-7

Paul commands us to have joy

-How can we be commanded to have a feeling?

1) Joy in God is deeper than a feeling

2) Paul is going to give some advice that can put us in a place of joy

-We will have peace of God if we do these things

What do we do?

1) Be Reasonable

-teenagers aren't reasonable

-drama is crap (girls on fb)

-have proper perspective

2) Pray

-rather than stress over stuff give it to God

-God is big enough to handle our emotion (positive and negative)

*strive to let it go and trust him

*then be thankful for what he's done and going to do

3) Put things in your mind that will bring true joy (ver 8-9)

-we are constantly bombarded with messages

-are the things you are taking in bringing you closer to true joy or farther away

*listening to music when I'm down

*What meets all those criteria perfectly?

-Jesus

Focus on Jesus, seek after him, lay your burdens before him

If you want real joy you have to give yourself totally over to Jesus

https://www.youtube.com/watch?v=xQWDz6slq_k

Small Group Questions

1) What do you think it means to be reasonable?

2) What habits can you create to make pray more central in your life?

3) What are you putting in your mind (good and bad)? How does that effect you?

4) How can this small group pray with you today?