



## Prayer

Sometimes we get this idea that prayer is a difficult thing when it should be the easiest thing for us to do

- Prayer is important
- Ephesians 6:18
- Paul wraps up the armor of God by telling his readers to pray

- Philippians 4:6-7
- Rather than being stressed we're to pray

What is prayer?

Hebrews 10:19-22

- Because of Jesus we have the opportunity to come into the presence of God
- Prayer is us coming before God and talking to him

- \*we come with confidence

- \*we come to one who cares for us and our needs

- \*we come with respect

What should our heart and attitude be like when we pray?

Psalm 34:15 - righteous

Proverbs 15:8 - upright

Mark 11:22-23 - faith

Mark 11:25 - forgiving others

Luke 18:13 - humility

James 5:16 - righteous

1 Peter 3:12 - righteous

How should we pray?

Matthew 6:7-13 - addressing our father in heaven

Luke 18:1 - perseverance

John 14:13-14 - ask in Jesus name

Romans 8:27 - with Holy Spirit help, according to God's will

Philippians 4:6 - with thanksgiving

1 Thessalonians 5:17 - without ceasing

Hebrews 4:16 - with confidence

1 John 5:14-15 - according to God's will

What should we pray for/about?

1 Samuel 1:15 - pour out our soul

Matthew 5:44 - enemies

Matthew 26:41 - fight temptation

Luke 10:22 - workers

Philippians 4:6 - thanksgiving

1 Timothy 2:1-3

James 1:5 - wisdom

James 5:13 - relief from suffering, praise

James 5:16 - pray for each other

What can hinder our prayer?

Psalm 66:18 - sin

Proverbs 1:24-28 - not listening to what God has already directed

Proverbs 15:8 - wickedness

Proverbs 21:13 - ignoring the needy

Isaiah 59:2 - sin

Mark 11:25 - unforgiveness

James 4:3 - selfishness

1 Peter 3:12 - evil

•God is more concerned about your heart and attitude in prayer than the actual content of the prayer

youth lesson