



Back to the Foundation

It's been a crazy year so far
May was insane

We spent the spring talking about connecting with God and hearing his voice

What God has been speaking to me?
Get back to the foundational things
-Spend time in the Word
-Spend time in prayer
-Make sure the things that I'm doing are done with the right heart

Refocus before summer

Hebrews 12:1

Piper Video

Analogy of running
It is a lot easier to run when it's just you (Lee and the armband)
-piggyback rides at camp

Spiritually, we are to be running to Jesus
To follow Jesus takes focus and effort, it doesn't just happen
Sometimes we let things slow us down
Sometimes that's sin and sometimes it isn't

1 Timothy 4:7-8

Two ways Paul says we can be distracted

1) mental

-irreverent, silly myths
-Gnostics
-there is a lot of false and/or distracting teaching out there
-there is also a lot of nonspiritual stuff that can eat our time and energy (sports)
-wasting time on Facebook or youtube

2) physical activities

-bodily training is good but not the ultimate thing (biking)
-not just exercise but any activity that we are doing
-even serving others if it becomes more about us and the activity than Jesus
*my May

1 Timothy 4:13-16

Where should the foundation of our focus be?

Devote yourself to the scripture

-We need to do this publically
*To do this publicly we have to do it privately

Immerse yourself in the Bible

-literally "get down into it"
*all our thinking and acting and being needs to be saturated with the Bible

What things are hindering you from running?

What can you through off to follow Jesus better?

Are there even some good things you need to do less of?

*Be devoted and immersed in the Word. It is life.

Sermon