

Ephesians 6:10-18 [NIV]

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

| *Romans 8:5-6 - "Our lives | in the direction of |
|-------------------------------------------------|-----------------------|
| our strongest | |
| *Romans 12:2 - "So much of life isn't about wha | tto |
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WEEKLY DEVOTIONS:

THURSDAY

Read: Romans 8:1-11

Reflect: How does Paul challenge us to live our lives? What reasoning does he use to convince us? What do you need to do today in order to **live** according to the Spirit and not according to the flesh?

FRIDAY

Read: Romans 12:2-3

Reflect: How does Paul challenge us to live our lives? What reasoning does he use to convince us? What do you need to do today in order to **think** differently? How can you allow God to change/transform your mind?

WEEKEND

Read: Psalm 119:1-16

Reflect: How does the author say he will live his life? What reasoning does He us to convince himself? What do you **hear** God saying to you in this passage? What should/will you do with this?

MONDAY

Read: Colossians 3:1-17

Reflect: How does Paul challenge us to live our lives? What reasoning does he use to convince us? Which command is the most convicting to you to **do** and why? What should/will you do with this?

TUESDAY

Read: Ephesians 4:17-32

Reflect: How does Paul challenge us to live our lives? What reasoning does he use to convince us? What command is the most convicting to you to **do** and why? What should/will you do with this?

WEDNESDAY

Read: Philippians 4:4-9

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