

# SHINE Series | Teaching Notes

## Week 3 – ‘The Strategy’

### *Ephesians 6:10-18*

Tonight we are going to talk about the STRATEGY that God gives us when we decide to join Him in the battle against darkness.

Let's start by praying for our time together

1. Our lives **MOVE** in the direction of our strongest **THOUGHTS**
  - a. Romans 8:5-6 (NLT)
  - b. The battle takes place in our minds. We know this to be true based on the decisions we face all the time.
2. So much of life isn't about what **HAPPENS** to you, but how you **THINK** about what happens to you.
  - a. Romans 12:2 (NLT)
3. A stronghold is defined as: A prisoner locked by deception, a wrong mindset or a spiritual trap
  - a. 2 Corinthians 10:3-4

### **THROUGH THIS SERIES:**

Here's what I want you to know ...

- There is a battle going on. It's real & all around us. It's a battle of good vs. evil. – light vs. darkness & these two sides are fighting for you!
- On the one side there's God (Good/Light). He created you, sent His Son Jesus to die for you to make a way for our sin to be forgiven ... He also offers us new life where we can join him in the battle against darkness ... and He gives us weapons! Sword -> Armor -> Access -> Prayer
- On the other side there's Satan (Bad/Darkness). His name itself means adversary. He is the father of lies & accusations. He doesn't really offer us anything, he pretends too ... but really just puts us away in captivity to die. He doesn't offer us any real weapons either but just more lies & accusations.

**Tonight:** How will you win the battle?!