

# Guard Your Heart | Week 3

## Series Intro:

- Tonight, we are continuing a series called: Guard Your Heart
- Proverbs 4:23
- The intention of this series is for us to be wise in guarding our hearts from what the world tries to throw at us!

## This week's Intro:

- This week we are guarding our hearts
- And we are going to pursue living God's Truth

Main Idea: We are guarding our hearts in relationships to pursue purity

## DQs [Discussion Questions]:

DQ1- **Who knows your deepest thoughts?**

- For this question, I am looking for students to be open and share with whom they share their deepest thoughts.
  - This could unlock who they confide in and is this a healthy relationship to do that?
- Or do they even share their deepest thoughts! – Look out for this!
- Encouragements:
  - Try and guard against giving affirmation- Students are seeking affirmation and once they get it, they disengage because they have the 'right' answer.
  - Encourage a culture of openness and sharing and protect people when they are vulnerable.
  - Encourage a culture of asking questions! This is huge!

Reading- 1 Timothy 5:1-2

DQ2- What does Scripture teach us about how we are to conduct ourselves in relationships?

#### Final Punch

- We are weak in our flesh
- Only certain people can go where others cannot
  - Women will know girl advice better than men!
  - Men will know boy advice better than women!