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## 2025 MYC Student Guidelines: 'The Momentum Way'

For:

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### 2025 Momentum Youth Conference Student Guidelines Agreement Known as 'The Momentum Way'

We do not make the guidelines a focal point of the week at Momentum Youth Conference. You will not hear us make a major issue of rules from the platform during sessions. Momentum realizes that families and local church youth ministries have varying levels of practices /guidelines/policies. However, for the duration of the conference, we are expecting everyone to be on the same page with the following practices/guidelines/policies called 'The Momentum Way.'

#### RESPECT:

All participants of Momentum Youth Conference are expected to show appropriate respect toward their peers, youth workers, Momentum staff, university staff and the property of the university. We also ask that students respect other student's property and personal space. Courtesy and respect are to be shown to those who are leading from the platform. For the protection of students and the university, there is to be no standing on furniture, sitting on shoulders, or body surfing.

#### ATTENDANCE:

Required attendance at all Main Sessions and Power Tracks. If a student needs to leave the Main Session building for any reason, a youth worker of the same gender is required to accompany them.

#### DORM HOUSING:

- Guys and girls are not allowed in each other's dorms at any time. This includes the lobby area of a dorm.
- Evening curfew is 11:30 p.m. (the exception is when youth group breakout sessions go past 11:30 p.m. - and then the male youth workers will walk with their male students and the female youth workers will walk with their female students directly back to their respective dorms.
- Quiet time/Lights out is 1 a.m. at which time everyone should be in their own hallway (preferred in their own room). In addition, the lobby will only remain available if a youth leader needs to meet with any of their students.
- FYI: University cameras in the dorm lobby and alarms on the back doors will be activated during the week.
- Dorm Furniture: when checking out at the end of the week, all dorm furniture (including mattresses) needs to be found as the rooms were set up when you checked in at the start of the week. Otherwise, the university will add extra charges that will be passed on to your church.
- There is a lost key fee charged by the University for any university keys that are not turned in by Sunday at 10 am Check-Out. If, during the week, you are missing your key, check the Lost and Found in the Momentum Youth Conference Office. Lost key charges are as follows: \$50 per room key and \$5 per missing key tag.

#### PROHIBITED ITEMS:

**For:**

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Fireworks, firearms, alcohol, tobacco, vaping, pornography, illegal drugs and drug paraphernalia, gambling, and weapons of any kind are prohibited at Momentum Youth Conference.

University restrictions include no use of the following: Candles, oil lamps, or open flames of any kind. glitter, confetti, or other similar items. Drones

'Water-fighting' or practical jokes using water or any other liquid substance in University buildings is prohibited. Excessive housekeeping charges may be incurred for the clean-up of these items.

**DAMAGES:**

- you are financially responsible for any property damage. Any damage pre-existing in your room when you arrive must be reported on a Room Condition Report and turned in to your Youth Worker by the first day so that you will not be billed at the end of the week.
- If you remove a window screen there is a \$100 charge to replace the screen.
- Intentionally overloading an elevator will be cause for it to be shut down for the remainder of the week, with any maintenance costs becoming the responsibility of the individuals responsible.

**GOING OFF-CAMPUS:**

- Students are expected to stay within the campus boundaries as outlined on the campus map in the Momentum Magazine. Note that this includes walking across the street to the gas station adjacent to the campus.
- All vehicles need to be registered with an IWU/Momentum parking pass
- Any vehicles brought by students must remain parked for the entire week.
- When any adult takes students off campus for anything other than the Momentum Community Ministry opportunities it is important to note that the outing is not covered by any insurance with Momentum Youth Conference or Momentum Ministry Partners. It must be covered by the individual's or home church's liability insurance.
- No students are permitted to leave campus after the 11:30 p.m. curfew time. This includes riding in a vehicle with a youth leader.

**ATTIRE:**

For:

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**Shirts and Tops:**

- All shirts must have straps or sleeves (no tube tops or off-the-shoulder tops)
- No cut-off shirts or tops
- Sports bras are not allowed in place of shirts for any activity or daily wear
- All shirts must be long enough to touch the top of pants/shorts when arms are at rest by the side.

**Bottoms (Shorts/Pants):**

- Shorts and pants must fully cover the buttocks at all times, whether standing or sitting.
- The minimum inseam for shorts is mid-thigh
- No cut-off shorts or pants that expose undergarments or excessive skin.

**Offensive or Inappropriate Apparel:**

- No clothing with offensive words, slogans, images or innuendos
- Clothing may not display brands or logos that promote illegal substances (e.g. alcohol, drugs, etc.)

**Swimwear (Girls):**

- Swimsuits must fully cover the torso and have a straight-across seam across the chest.
- A one-piece swimsuit is preferred, but a two-piece is allowed if it meets the same coverage standards.

**Swimwear (Boys):**

- Swim trunks are required, meaning no Speedos or athletic shorts are permitted as swimwear.

**To and From the Pool:**

- All participants must walk to and from the pool fully clothed in a t-shirt and shorts or swim trunks
- Swim cover-ups must not be see-through or mesh (girls may wear a swim dress or appropriate cover-up).

**Athletic Apparel:**

- All athletic wear (including shirts, shorts and pants) must adhere to the same guidelines as the general dress code, including appropriate coverage and inseam length.
- Boys: shirts must be worn at all times outside the dorm.

As a student attending Momentum Youth Conference, I agree to above guidelines.

Signature \_\_\_\_\_

Date \_\_\_\_\_